

ISSUE 141

Dhul Hijjah 1440 | July 2019



ISLAMIC FOCUS

5 *Steps to a
happier life*

*Youth of the
Cave*
and the lessons of Productivity

*Hajj &
Dua*

FROM THE EDITOR

Ahlan Wasahlan

The blessed days of Hajj are a means of benefit not only for the chosen Hajjis, they are also beneficial for others as well. We show you how this can be attained through Dua and its indelible link with the Hajj. Maximise the day of Arafah with the 10 points in another article in this issue. We have also included an easy pictorial Hajj guide to give us more appreciation of the journey.

Our regular feature designed to grow the appreciation of the Mathabs looks at the differences in Hajj and Umrah between the Shafi and Hanafi Mathab. Part three of the powerful series on Duas that changed the world takes us through the Dua of Prophet Yunus alaihis salaam. This is a Dua that helps us through worry, problems and distress.

Qurbani is another act of worship located within the days of Hajj

and our article gives guidelines on the humane treatment of animals. This will ensure that we gain the complete reward for our sacrifice.

A good night's sleep is something that people increasingly battle to achieve. Take a look at our article on sleep management that highlights methods from the Sunnah to help us get our precious rest.

The world is on an increasingly desperate search for a happier life. Explore the ways to achieve true happiness in our article in this issue. We also have something for our youth: lessons from Surah Kahf to help deal with life's challenges.

We look forward to hearing your inspirational story. Please email me on: info@islamicfocus.co.za.

Muhammad Badsha
(Moulana)

ADVERTISE

IN FUTURE EDITIONS OF THE ISLAMIC FOCUS MAGAZINE

Newcastle: Ml Yusuf Peer 072 291 6626

Durban: Ml Yacoob Lahrie 061 480 6388

Mpumalanga: Ml Sulayman Patel 072 135 1241

Eastern Cape: Ml Muhammad Badsha 078 672 7797



**SUBSCRIBE TO OUR FREELY
DISTRIBUTED ENEWSLETTER**

Signup at <http://eepurl.com/cNkDJX>

Malabar, Port Elizabeth, South Africa
Tel: 078 672 7797 Fax: 086 651 2125

Email: info@islamicfocus.co.za Web: www.islamicfocus.co.za

CONTENTS

- 4** 5 STEPS TO A HAPPIER LIFE
- 6** HAJJ & DUA
- 8** DUAS THAT CHANGED THE WORLD - PART 3
- 10** QURBANI GUIDELINES
- 12** HANAFI & SHAFI HAJJ & UMRAH
- 13** SLEEP MANAGEMENT
- 14** YOUTH OF THE CAVE
- 16** INSPIRATION
- 17** 10 POINTS ON ARAFAH
- 18** HADITH VERIFICATION

 <p>WHATSAPP UPDATES Send your name to 0786727797 to receive Whatsapp updates</p>	 <p>WEBSITE Visit our refreshed website at www.islamicfocus.co.za</p>
 <p>JANAZA NOTICES Send your name to 0786727797 to receive PE Janaza notices</p>	 <p>ADVERTISE WITH US Advertise in our print or digital publications. Call 0786727797</p>



CREDITS

Editor
Ml Muhammad Badsha

Graphics & Layout
Oliva Design & Print

ISSN number 2223-1110 (Print)



**TIMBER • ELECTRICAL • BRICKS • SANITARY WARE
 BUILDING MATERIAL SPECIALIST**



**NEXT TO TAXI CITY SPAR, NEWCASTLE RANK
 TEL 034 315 4340 / 1646 FAX 086 566 8843**



BIG DADDY'S
 H A R D W A R E

Find **Big Daddy's Hardware** on [f](#) [@](#)

☎ +27 34 312 3035 🌐 www.bigdaddyshardware.co.za



OPENING SOON! Newcastle, KZN



Life 05

Steps to a happier life

Every human is in pursuit of happiness. In order to achieve this true happiness, one must understand what this emotion really is. Happiness is 'feeling, causing, or giving pleasure' and it is being 'satisfied'. It is essential to understand the psychology of happiness so we know how much of it we have control over.

James Montier, in his research into 'The Psychology of Happiness' concluded that happiness was composed of three elements:

About 50% of individual happiness comes from a genetic set point. That is, we're each predisposed to a certain level of happiness. Some of us are just naturally more inclined to be cheery than others.

About 10% of our happiness is due to our circumstances. Our age, race, gender, personal history, and, yes, wealth, only make up about one-tenth of our happiness.

The remaining 40% of an individual's happiness seems

to be derived from intentional activity, from actions that people can choose to do.

The main conclusion to be drawn from Montier's research is that we can only work on the last 40% to make ourselves happier. It must be noted that this 40% cannot be achieved in pursuit of money, fame or anything else materialistic. True happiness is contentment, and this is only attained through activities which are not fleeting.

Here are five steps to make our lives happier:

1 Being content with one's lot

As humans we have no control over our genetic set-point, and hardly any control over our circumstances. This 50% of happiness in Islam is called 'ridha bi al-qadha' (being content with our lot in life). This means that as believers if we truly love Allah the necessary effect of it would be that we are content with our lot in life.

The Prophet ﷺ would supplicate with words that would highlight the importance of satisfaction with our fate: "O Allah, make me content with what you have provided me, send blessings for me therein, and replace for me every absent thing with something better." (Bukhari)

He also sought refuge from a self which is not content. (Muslim)

In dealing and coping with loss in life, the Sahaba ؓ showed unparalleled excellence. This was due to, among other things, making peace with the decree of Allah in every situation. Once we are resigned to the decree of Allah and make peace with the situation, we will be free from crippling grief and depression.

2 Satisfy your soul and not your body

The 40% of an individual's happiness stem from actions that we choose to do. Work on activities that result in eternal happiness, that bring a smile to the heart and not merely a smile to the face. Do meaningful work; take part in activities that help the less fortunate.

"True enrichment does not come through possessing a lot of wealth, but true enrichment is the enrichment of the soul." (Bukhari)

Bob Holmes, in an article which appeared in the Reader's Digest of October 2004, states that money can buy a degree of happiness. But once you can afford to feed, clothe and house yourself, each extra rand makes less and less difference.

In the past half-century, he wrote, average income has skyrocketed in industrialized countries, yet happiness levels have remained static. Once your basic needs are met, money rarely seems to boost happiness.

There is a way in which money can buy happiness, though. Once

a person spends money in helping others, this charity has positive effects on his own happiness:

3 Charity

There is a Chinese saying that goes: "If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody." For centuries, philosophers have suggested the same thing: Happiness is found in helping others.

In a study on charitable giving using fMRI technology, when people donated to a worthy cause, the midbrain region of the brain lit up. This is the area of the brain that is responsible for our cravings and pleasure rewards, showing the link between charitable giving and pleasure.

People who give money to charity tend to be happier and also healthier than others, said Elizabeth Dunn, a psychology professor at the University of British Columbia in Canada.

"All created beings are the dependents of Allah, and the most beloved of creation to Allah is the one who is good to His dependents." (Bayhaqi)

4 Faith in Allah Ta'ala

Nothing can make us happier than seeking the pleasure of Allah. Of the dozens of studies that have looked at religion and happiness, the vast majority have found a positive link. Chelsea Ritschel details in an article that "countless research has shown that as a group, religious people are happier than people who don't rely on their faith."

A study by the Pew Research Centre found that religiously active people, people who acknowledge God, are typically happier than adults who either do not practise a religion or do not actively participate in one.

Allah Ta'ala outlines the link between faith, good deeds and a good life: "Whoever, male or female, does good work, while being a believer, We shall certainly make him live a good life, and shall give such people their reward for the best of what they used to do." (Quran 16:97)

5 Cut out greed

Do not look towards celebrities, rich or affluent people above you in worldly matters. "Look at those below you (less fortunate than you), and don't look at those above you, for this is better." (Muslim)

How much stuff do you need to feel good? In the 1980s, political scientist Alex Michalos, professor emeritus at the University of Northern British Columbia in Prince George, asked 18,000 college students in 39 countries to rate their happiness on a numeric scale. Then he asked them how close they were to having all they wanted. He found that the people whose aspirations soared furthest beyond what they already had, tended to be less happy than those who perceived a smaller gap.

This "aspiration gap" might explain why most people fail to get much happier as their salaries rise. Instead of satisfying our desires, most of us merely want more. In surveys by the Roper polling organization over the last two decades, Americans were asked to list the material possessions they thought important to "the good life." The researchers found that the more of these goods people already had, the longer their list was. The good life remained always just out of reach.

The Prophet ﷺ said, "If the son of Adam had a valley full of gold, he would want to have two valleys. Nothing fills his mouth but the dust of the grave, yet Allah will relent to whoever repents to him." (Bukhari 6075)

Hajj & Dua

The annual pilgrimage (Hajj) to Makkah Mukarramah is one of the most spiritual events in a Muslim's life. It continues to evoke special feelings and emotions years after its performance. One of the indelible links to Hajj is the aspect of Dua. At every turn and at every ritual the emphasis is on Dua, on calling out to Allah Ta'ala. Here is how Dua enriches one's Hajj as well as the lives of others around:

1. Asking the Haji for Dua

Umar bin Al-Khattab رضي الله عنه reported, I asked the Prophet صلى الله عليه وسلم for permission to perform Umrah. He granted me permission and said, "Do not forget us, my brother, in your dua." Umar رضي الله عنه added, "He said something which was more pleasing to me than owning the world."

According to another report he said, "Let us share in your dua, my brother." (Abu Dawud and Tirmidhi)

It is good to request a person going on Hajj or Umrah to make dua for you.

2. Dua for the Intending Haji

Ibn Umar رضي الله عنه narrates that once a youngster came to Nabi صلى الله عليه وسلم and said, "I intend performing Hajj this year." Nabi صلى الله عليه وسلم then walked with him and made the following Dua for him:

رَوَدَكَ اللهُ التَّقْوَى ، وَوَجَّهَكَ
الْخَيْرَ ، وَكَفَّفَكَ الْهَمَّ

May Allah Ta'ala make Taqwa your provision, direct you towards goodness and may He be sufficient for you in distress. (Tabrani)

3. Dua of the Haji for others

a. Sayyiduna Abdullah ibn Umar رضي الله عنه reports that Nabi صلى الله عليه وسلم said: "When you meet a Haji then greet him, shake hands with him and ask him to seek forgiveness on your behalf before he enters his home, for verily he is forgiven." (Musnad Ahmad, vol. 2 pg. 69 with a weak chain. Refer: Majma'uz Zawaid, vol. 4 pg. 16)

b. Sayyiduna Abu Hurayrah رضي الله عنه reports that Nabi صلى الله عليه وسلم said:

"O Allah, forgive the sins of the Haji and forgive the sins of the one for whom the Haji seeks forgiveness." (Mustadrak Hakim, vol. 1 pg. 441, Sahih ibn Khuzaymah, Hadith: 2516, Shu'abul Iman, Hadith: 3817)

c. Sayyiduna Umar رضي الله عنه says:

"The Haji will be forgiven, and all those whom the Haji seeks forgiveness on behalf of, for the remainder of Dhul Hijjah, Muharram, Safar until the tenth of Rabiul Awwal." (Musannaf ibn Abi Shaybah, Hadith: 12800 with a weak

chain. Refer; footnotes of Musannaf ibn Abi Shaybah. Also see Al Ajwibatul Mardiyyah, vol. 1 pg. 61)

The last narration mentions that the Haji's dua for forgiveness is accepted till the 10th of Rabiul Awwal, which is approximately 90 days from the day of Arafah.

4. Dua at Arafat

On the special day of Hajj, the Haji reads Zuhr and Asr in Zuhr time, and Maghrib and Esha in Esha time, giving himself time for the one act of Arafat which is standing in Dua.

Nabi صلى الله عليه وسلم is reported to have said that, "The best of Duas is the Dua on the day of Arafat." (Tirmidhi, 3585)

5. Dua for the Returning Haji

The youngster mentioned under point 2 returned from Hajj and greeted Nabi صلى الله عليه وسلم. Nabi صلى الله عليه وسلم replied:

قَبِلَ اللهُ حَجَّكَ وَغَفَرَ ذُنُوبَكَ
وَأَخْلَفَ نَفَقَتَكَ

May Allah Ta'ala accept your Hajj, forgive your sins, and compensate you for your expenses. (Tabrani)

The Haji not only benefits himself but is a source of blessing and forgiveness for those around him as well.

HAVAL

DRIVEN TO IMPRESS



72-74 Harding St, Newcastle CBD, Newcastle
034 312 7100

HAVAL H2

HAVAL
NEWCASTLE



AMAJUBA NGUNI STUD - THE PEOPLE'S CATTLE -

Great value, amazing taste and a skin worth keeping!

WHICH CATTLE ARE SUITABLE FOR QURBANI?

- The age of the cattle must be at least 2 years old.
- Those animals whose horns have been removed completely from the root are not suitable. If the horn is visible above the root it will be permissible to slaughter.
- One is not allowed to slaughter a blind, lame or one eyed animal. If the animal has one leg lame to the extent that it cannot use the leg to walk, it is not suitable for qurbani.
- Those animals whose ears are completely split are also unsuitable. Those with small ears are suitable.
- Animals whose teeth have been completely removed such that they cannot graze are not suitable for qurbani.

The cattle on sale from Amajuba Nguni all meet the above criteria and are suitable for Qurbani

Tel. 034 312 1755 Cell. 082 551 0888

Email: faizal@fmop.co.za



osmans
OPTOMETRIST

(013) 243 7777 • admin@osman.co.za
Imbali Centre, 151 Cowen Ntuli street
Middelburg, Mpumalanga

THE CONTACT LENS THAT KNOWS LIGHT™

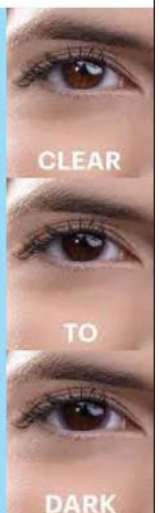
TIME
BEST
INVENTIONS
2018



NEW!

ACUVUE CONTACT LENSES WITH TRANSITIONS
LIGHT CHANGING TECHNOLOGY

AVAILABLE NOW AT OSMANS OPTOMETRIST
Prescription required for us to send out or come in for
an eye examination.



CLEAR

TO

DARK

Duas

THAT CHANGED THE

world

PART 3

A dua made by the average person can quite literally change destiny. The Prophet ﷺ said, "Nothing can change qadr (destiny) except dua." [Tirmidhi] But what happens when a Prophet makes a dua? The ripple effects are grand enough to change the course of history forever!

Here are is part three of some Duas that the Prophets made. These duas were loved by Allah so much that He immortalized them in the Quran. There must be something superbly special about them.

Dua Three: Prophet Yunus (Dhun-Noon) ﷺ

"And [mention] the man of the fish (Dhun-Noon), when he went off in anger and thought that We would not call him to responsibility." (Quran 21:87)

Fast forward to the moment Yunus ﷺ was thrown into the violent seas on a dark, stormy night. Imagine the terror as the waves crashed upon one

another pulling him down into the dark depths of the ocean. Enveloped in the darkness of the ocean and the night, Yunus ﷺ is swallowed by a massive whale.

Take a moment to imagine your state of mind in such a scenario. Imagine being many miles under the surface of the ocean, the wetness, the stench in the belly of the whale, the claustrophobia, the salt water and acidity of the stomach.

Allah Ta'ala says,

فَقَادَى فِي الظُّلُمَاتِ أَنْ لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

Laa ilaaha illa anta Subhaanaka inni kuntu minadh-dhalimeen

And he called out within the darkneses, "There is no deity except You (Oh Allah); exalted are You. Indeed, I have been of the wrongdoers." [Quran 21:87]

This is the Dua that every one of us should memorise; we should be saying over and over again. This is the Dua of Yunus ﷺ.

This Dua is used at any type of problem, worry or distress. The multitudes of darkness that Yunus ﷺ was enveloped in was far greater than any of our stresses: financial, family or marital. Yet, Allah Ta'ala pulled him out in the blink of an eye.

This Dua is so perfect because it is comprised of these three sentences:

1. Laa ilaaha illa anta
2. Subhaanaka
3. inni kuntu minadh-dhalimeen

The first two sentences are praising Allah (two thirds of the Dua). The last part is recognition of one's own deficiencies when it comes to Allah Ta'ala.

The blessings of 'Laa ilaaha il-



Allah' are simply too numerous to mention. Our Prophet ﷺ said that this is the best kalimah (phrase) that anyone can ever say. It is the one phrase that is weightier than all sins on the Day of Judgement. It is the one phrase that because of it, Allah has created the heavens and the earth, and Allah has revealed the books, sent the prophets, divided mankind into Muslim and non-Muslim. All of this is based on 'Laa ilaaha il-Allah'.

In this particular Dua, you are saying 'Laa ilaaha illa anta', i.e. there is no deity worthy of worship except you. You are practically communicating with Allah Ta'ala directly. And by doing so, you are directly affirming His Names and Attributes, His Majesty and Nobility.

While the first part of the Dua affirms Allah Ta'ala's perfection, the second part, subhaanaka, negates any perceived imperfections. In this phrase, Yunus ؑ takes all blame for the mistake and that evil was never subscribed to Allah. Recall the contrast between this and what Satan had said in accusing Allah Ta'ala of misguiding him.

Satan said: "Because You have put me in error, I will surely sit in

wait for them on Your straight path." [Quran 7:16]

After negating any perceived imperfection to Allah, Yunus ؑ ascribed it to himself in the third phrase, inni kuntu minadhdhalimeen. Yunus ؑ owned up to his mistake.

Imagine dear reader, here is a Prophet of Allah Ta'ala saying, "I was a dhaalim (wrongdoer)". If a Prophet uttered these words, then by Allah we are all in need of saying these words. If Yunus ؑ admits to falling short, then what about us?

We have fallen short in worshipping Allah Ta'ala, in thanking Allah Ta'ala, in abstaining from the haraam (prohibitions), in the rights of others, in being good parents, in being honest and kind, and the list goes on. Every one of us is a wrongdoer, so we should admit to Allah Ta'ala in these beautiful phrases uttered by Yunus ؑ. We must eliminate arrogance and admit to being the sinful servant of Allah, for the worst sin in the Eyes of Allah is arrogance.

Once again, as was with the previous Dua, Yunus ؑ did not specify how to be saved. In fact, he did not ask to be saved, he simply praised Allah Ta'ala and owned up to his mistake.

Allah Ta'ala responded in the immediate next verse:

فَأَسْتَجِبْنَا لَهُ وَنَجَّيْنَاهُ مِنَ الْعَمِّ
وَكَذَلِكَ نُنْجِي الْمُؤْمِنِينَ

So We responded to him and saved him from the distress. And thus do We save the believers. [Quran 21:88]

This is one of the most optimistic verses in the whole Quran: This Dua saves us from our distresses, any darkness or cloud in our life. Any issue that is troubling you, any anxiety or grief, this Dua will save you.

Realise that the combination of tawheed (faith in the Oneness of Allah) and istighfaar (seeking forgiveness) is a common motif of the Noble Quran.

Allah Ta'ala says in the Noble Quran: "Know that there is none worthy of worship but Allah (La ilaaha il-Allah). And seek forgiveness for your own sin." (Quran 47:19)

It is reported in Musnad Abu Ya'la (one of the books of hadith) that Satan said, "I destroy the people with their sins but they have destroyed me with 'Laa ilaaha il-Allah' and istighfaar." So attack back with the kalimah and istighfaar.

The Prophet ﷺ said, "No Muslim ever says the Dua of Dhun-Nun (Yunus ؑ) except that Allah Ta'ala will respond to him." [Musnad Imam Ahmed]

Qurbani

GUIDELINES

Qurbani (Udhiyya) is a time when Muslims the world over commemorate the ultimate sacrifice of Prophet Ebrahim and Ismail عليه السلام. To maximise one's reward, the Qurbani needs to be carried out in a manner that spares the sacrificial animal unnecessary suffering as far as possible.

The Animals Protection Act (No.71 of 1962) of South Africa lists certain requirements that should be adhered to when slaughtering an animal. In reality many of the provisions merely serve to reinforce Islamic guidelines in this regard.

1 Sharpen your knife

Knives used for the slaughter must remain extremely sharp so that the slaughtering remains as humane as possible. Swiftly cut the windpipe, the gullet and the two jugular vein. Do not sever the entire head.

The Prophet ﷺ said, "Allah has ordained kindness (or excellence) in everything. If killing is to be done, do it in the best manner by first sharpening the knife and putting the animal at ease."

A man threw a goat on its side to slaughter it and then started sharpening his knife. When the Prophet ﷺ saw him he said: "Do you want to kill it twice? Why did you not sharpen the knife before throwing it on the ground?" (Al-Haakim)

Ensure that the correct size knife is used to slaughter the animal swiftly.

2 Show mercy

Feed the animal, give the animal water and sooth the animal, show kindness and mercy to it.

The Prophet ﷺ said, "Anyone who shows mercy, even to an animal meant for slaughtering, Allah will have mercy on him on the Day of Rising." (Adab Al-Mufrad)

3 Humane treatment

Lead the animal to its slaughter humanely. Do not abuse or torture the animals. Do not perform the slaughter process in front of other live animals. No animal should be picked up by its fleece, dragged, hit, chased or prodded.

Once Umar رضي الله عنه saw a man dragging a sheep by its leg to be slaughtered, he said: 'Woe to you! Lead it to its death in a decent manner.'

OTHER GUIDELINES

1. Ensure the area of slaughter is clean and clear of live animals.
2. Make provision for blood drainage, fly control and general cleanliness.
3. Maintain strict hygiene standards.
4. All animals must be confined in such a manner that allows them adequate space, ventilation, shelter, food and water.
5. Animals should be restrained humanely while being transported and when being

slaughtered.

6. When due to be slaughtered, animals should be laid on their sides and not on their backs to avoid distress. It is preferable to make the throat of the animal face the Qibla.
7. Only experienced people should perform the slaughtering. Inexperienced, lay persons who attempt to perform the slaughters often cause trauma and pain to the animal.

REMEMBER

1. Make your intention.
2. Recite the name of Allah Ta'ala (Tasmiyah) while slaughtering the animal.

HEALTH GUIDELINES

- » Allow the dead animal to bleed completely.
- » Skin the animal as soon as possible after it has stopped kicking to avoid possible contamination.
- » Keep meat and offal separate; clean and refrigerate as soon as possible.
- » Remove and clean the intestine and offal.
- » Don't wrap offal in plastic (or other material) and bury.
- » Carefully remove and dispose of bile and gall bladder.
- » Cover the blood pit with sand and wash away all blood.

OPERATION QURBAANI

Dhul Hijjah 2019

MI Timol insha-allah will be undertaking the yearly trip for Qurbaani to India. Along with the execution of the obligation of qurbaani, the needs of the poor are served by doing the qurbaani in villages who live below the poverty line.

They are unable to afford the luxury of meat throughout the year. Meat is only available to the inhabitants of these areas, orphans & students on the occasion of Eid-ul-adha. Early ordering and payment will make our tasks easy. There are many villages in which we make qurbaani.

THE MEAT REACHES ALL THE POOR, ORPHANS AND STUDENTS.

'We humbly urge you to Support our qurbaani project.'

'ALL SLAUGHTERING AND DISTRIBUTION WILL BE SUPERVISED BY A TEAM OF FOREIGN AND LOCAL ULEMA'

NB: MI Timol has been assisting his late father Hzt. Ml. Mahmood Hashim Timol R.A. (Original Imam of Nugget Str. Masjid), with Qurbaani abroad & locally for many years and he is currently serving the Muslim community of South Africa.

R225 Per Share OR R1575 For 7 Shares

Banking Details:

Account Holder: Operation Qurbaani
 Bank: FNB
 Branch: Trade Route Mall
 Account No: 62196443734
 Branch Code: 250 056

Contact Details:

MI Timol: 011 852 6324
 011 852 8613
 011 852 8538
 072 299 9268
 MI Hammaad: 073 576 9786
 MI Sajjaad: 082 368 6866
 MI Abbaad: 072 697 0131
 Whatsapp: 072 265 0840
 Fax: (NEW) 011 852 6584

- Kindly use your Name & Telephone number as a reference on your deposit slip and Whatsapp, email or fax it to the number or email address below.
 - Please provide the correct mobile number to receive confirmation of your qurbaani.
 - If you do not receive an sms or Whatsapp confirmation of your qurbaani, Please call the numbers above.
- Whatsapp: 072 265 0840 or E-mail: operationqurbaani@yahoo.com
 For your convenience we offer to collect @ your door in the GAUTENG area

'We do Aqeeqah & Sadaqah throughout the year locally and abroad'

SPONSOR: A MILK GIVING BUFFALO TO A POOR FAMILY OR A BOREHOLE TO A VILLAGE!

SPONSOR: OUR MASJID BUILDING PROGRAMMES!

THIS ADVERT IS SPONSORED BY: SIMA'S PRINTERS: 011 834 7648

View our Previous Qurbaani's @ www.operationqurbaani.org.za



NMYA

Newcastle Muslim Youth Association

Newcastle Youth CAMPING TRIP

12 - 13 October 2019 At Chelmsford Dam

AGES 10-16

R100 pp
 Food & transport included

DEPARTING:
 Sat 12th OCT at 7:30
 From Masjid As-Siddique

RETURNING:
 Sun 13th OCT after ASR
 AT Masjid As-Siddique

ACTIVITIES INCLUDE:

THE AMAZING RACE

*Archery and boat rides are subject to indemnity



Perfect Your Ghusal & Tayyammum

Space is limited

RSVP before 22nd September 2019 with payment.
 Forms & Signup at Kismet Mini Market, Quick Snacks and Pandor's Bakery.

Contact NYMA should you not be able to afford it.



Contact: ML Y. Peer 072 291 6626 | ML Pandor 084 580 4179 | Newcastlemya@gmail.com



NMYA

Newcastle Muslim Youth Association

newcastlemya@gmail.com @nyma786

SUPPORT YOUR LOCAL COMMUNITY

All Qurbani will be done in Newcastle.
 Carcassess will be given to NMC (Newcastle Muslim Community) for distribution.

OPERATION QURBANI 2019/1440

"The person performing Qurbani will be rewarded for every hair on the body of the animal or for every fibre of wool in the case of a sheep" (Mishkaat)

"Neither their flesh reaches Allah nor their blood but it is your piety that reaches him" Quran 23:37

ANIMALS WILL BE AVAILABLE FOR VIEWING ON THE DAY OF QURBANI CLOSING DATE 4 AUG 2019

R1600 PER SHARE

QURBANI APPEAL

Qurbani forms available at Quick Snacks, Citi Snacks, Kismet Mini Market, Pandors Bakery & local Masjids

Banking Details: FNB Account Name: Newcastle Muslim Youth Association Acc No. 627 443 54614 Branch: Newcastle

MI AS Pandor 084 580 4179 • Br AS Osman 083 358 2036 • Ebrahim Osman 082 587 5659

TOMMY'S ARABIANS

Mohamed 083 345 2029
 STEPHEN TRAINER 031 785 1234
 Tina Dorret 079 778 8357
 mhj@tommysautoparts.co.za
 stt@tommysautoparts.co.za
 ttd@tommysautoparts.co.za

Allen Street Motors

WANT TO SELL YOUR CAR?

We buy used vehicles, Bakkies, Trucks, Equipment etc. FOR CASH running or non running!

Call for the **BEST PRICES**
 072 889 2581 exportintl@aol.com

Hay Bales We Have 1.2m Fresh Cut Heavy Rooigrass

Transport can be arranged! **R250 (Each)**

Contact Dr J: 072 889 2581
 Email: exportintl@aol.com

Tommy's Auto Parts

- Engine Parts • Body Panels (used & pirate)
- Gear Boxes • Windscreens
- Light Passenger Vehicles
- Trucks

TOMMY'S TRUCK SALES
 CAMPERDOWN

D234, Camperdown, Kwa-Zulu Natal
 Tel: 031 785 1234 | Fax: 031 785 1110

2010 VW GOLF Tsi 189000km **R1199,00**

2010 Kia Sportage 205000km **R149,900**

2010 Hyundai ix35 220000 km **R109,900**

2012 Audi RS3 98000 km **R346,000**

VACANT LAND

28 Klipriver 1000m²...R159 000
 26 Klipriver 1000m²...R159 000
 52 Sunray 1000m².....R139 000

Contact Dr. J on 072 889 2581
 Email: exportintl@aol.com

CHEAPEST IN TOWN !!!

Tel: (034) 375 8111
 2 Stephenson Street, Newcastle
 Email: exportintl@aol.com

INSIGHT INTO FIQH

Differences between the Shafi and Hanafi Mathab in Hajj & Umrah



South Africa has a healthy fusion between followers of the Shafi and Hanafi Fiqh. Many a home will have a mix of members following the two schools of thought within Islamic jurisprudence.

In view of this, we bring you a simplified version of selected differences between the Shafi and Hanafi Mathabs with regards to Hajj and Umrah. This is only intended as a guide and detailed answers should be sought from the respective Ulama.

1 Obligation

Shafi: Both Hajj and Umrah are obligatory once in a lifetime for the one who fulfils the criteria.

Hanafi: Hajj is obligatory once in a lifetime for the one who fulfils the criteria. Umrah is Sunnah

2 Hajj on behalf of someone else

Shafi: One cannot perform a Hajj on behalf of someone else if one has not performed his own Hajj as yet.

Hanafi: One can perform a Hajj on behalf of someone else if one has not performed his own Hajj as yet, although this is not desirable.

3 Sa'ee between Safa and Marwa

Shafi: Sa'ee between Safa and Marwa is a Fardh of Hajj.

Hanafi: Sa'ee between Safa and Marwa is a Wajib of Hajj.

4 Shaving or trimming of hair

Shafi: Shaving or trimming of the hair is a Fardh of Hajj.

Hanafi: Shaving or trimming of the hair is a Wajib of Hajj.

5 Spending the night in Muzdalifa

Shafi: Spending some part of the second half of the night in Muzdalifa is Wajib.

Hanafi: Spending the night in Muzdalifa is Sunnah Muakkadah.

6 Wuqoof in Muzdalifa

Shafi: After midnight one can depart to Mina.

Hanafi: Wuqoof for even a few minutes at Muzdalifa is Wajib. The time for the Wuqoof starts at Fajr and ends at sunrise.

7 Spending the nights in Mina

Shafi: Spending the nights after Eid (11 and 12 Zul Hijjah) is Wajib.

Hanafi: Spending the nights after Eid (11 and 12 Zul Hijjah) is Sunnah Muakkadah.

8 Mina on the 13 Zul Hijjah

Shafi: If one is in Mina at the time of sunset on the 12 Zul Hijjah, then one has to spend the night (13 Zul Hijjah) in Mina and pelt the Jamarat the next day.

Hanafi: It is permissible to leave Mina after sunset on the 12 Zul Hijjah but undesirable. If one is in Mina at the time of Fajr then pelting on the 13 Zul Hijjah becomes compulsory.

9 Two Rakaats Salaah after Tawaaf

Shafi: The two Rakaats Salaah after Tawaaf is Sunnah.

Hanafi: The two Rakaats Salaah after Tawaaf is Wajib.

NOTE

These rules are collected from the mainstream views of the Muftis of the two Mathabs. They are listed to give an appreciation of the differences and to remove any misconceptions.

They can also serve as a handy guide for teachers who need to teach students of

a Mathab different from their own, or for Imams whose congregations are different from their own.

Get the past articles in this series:

Email info@islamicfocus.co.za with your request

Sleep

MANAGEMENT

Healthy sleep habits can make a big difference in your quality of life. Here are some ways to manage your sleep in the Sunnah way:

1. WIND DOWN

Your body needs time to shift into sleep mode, so spend the last hour before bed doing a calming activity such as reading. For some people, using an electronic device such as a laptop can make it hard to fall asleep, because the particular type of light emanating from the screens of these devices is activating to the brain. If you have trouble sleeping, avoid electronics before bed or in the middle of the night.

According to research, around 90% of people in the developed countries are hooked to screens - on computers, TVs, phones, iPads – till the last hour before they sleep. Using electronic devices before bedtime can be physiologically and psychologically stimulating in ways that can adversely affect your sleep. Besides increasing your alertness at a time when you should be getting sleepy, which in turn delays your bedtime, using these devices before turning in delays the onset of REM sleep, reduces the total

amount of REM sleep, and compromises alertness the next morning. Over time, these effects can add up to a significant, chronic deficiency in sleep.

Psychologists recommend that we should stop any stimulating discussions or activities half an hour or an hour before bed. This is something that we were taught already by the Prophet ﷺ:

Abu Barza رضي الله عنه says that the Prophet ﷺ did not like sleeping before praying Esha nor talking after it. (Muslim Book 5, Hadith 299)

Scholars consider it Makrooh (disliked) to talk after Esha salaah unless it is for a reason, or speaking about some good topic.

2. SLEEP ROUTINE

Developing certain sleep rituals or sleep-promoting bedtime routines can be very beneficial for good sleep. Do the same things in the same order before going to bed every day to give a cue to your body to slow down and relax.

Some of the routines of the Prophet ﷺ that he practiced before going to bed, include Wudhu before going to sleep, Zikr (remembrance of Allah Ta'ala), starting the sleep in a certain posture and so on.

The Prophet ﷺ instructed that whenever one goes to bed perform Wudhu like that for Salaah, lie on your right side

and detailed Duas to be recited. (Bukhari 247)

A relaxing, routine activity right before bedtime helps separate your sleep time from activities that can cause excitement, stress or anxiety which can make it more difficult to fall asleep, get sound and deep sleep or remain asleep.

3. FREE YOUR HEART AND MIND

Anas ibn Malik رضي الله عنه reported: The Messenger of Allah ﷺ said to me, "Young man, if you are able every morning and evening to remove any hostility from your heart towards anyone, then do so." (Tirmidhi 2678)

Harboring hatred eats away at a person's peace of mind. These thoughts can play havoc with one's inner serenity and lead to uneasy sleep or difficulty in falling asleep.

4. DUA FOR INSOMNIA

The Prophet ﷺ taught Khalid رضي الله عنه to recite the following Dua when he complained about experiencing difficulty in getting to sleep: (Tirmidhi, Hadith 3469)

اللَّهُمَّ رَبَّ السَّمَوَاتِ السَّبْعِ وَمَا أَظَلَّتْ ،
وَرَبَّ الْأَرْضِينَ وَمَا أَقَلَّتْ ، وَرَبَّ الشَّيَاطِينِ
وَمَا أَضَلَّتْ ، كُنْ لِي جَارًا مِنْ شَرِّ خَلْقِكَ
كُلِّهِمْ جَمِيعًا أَنْ يَفْرُطَ عَلَيَّ أَحَدٌ مِنْهُمْ أَوْ أَنْ
يَبْغِي ، عَزَّ جَارُكَ وَجَلَّ تَنَازُؤُكَ وَلَا إِلَهَ غَيْرُكَ
وَلَا إِلَهَ إِلَّا أَنْتَ

Youth *of the* Cave *and the lessons of Productivity*

Yeah, right. A story about 'sleeping' for hundreds of years teaches Muslims about productivity?!

Well, let's recap the events together, shall we? A number of young men are guided to believe in the One and Only Lord and because they lived in a city of disbelievers they decide to escape to the cave, fearing execution after calling people to monotheism. Allah Ta'ala makes the boys fall asleep for 309 years (300 solar and 309 lunar years), and then they wake up to a new society filled with faith. It's a miracle and it's amazing but hey, as far as the story goes, that is it! We learn so many lessons from it but 'productivity' isn't one of them, since the boys were actually sleeping! Isn't that what some people would think?

Actually, there is more to this story than that, and that's what we'll explore in this article.

LESSON ONE: PRODUCTIVITY IS USING YOUR TIME WISELY

Roughly explained, productivity is the ability to efficiently yield positive and useful results in an allotted amount of time. We tend to relate this aptitude to grown-ups. We don't really expect the younger generation to naturally be productive, unless we actually

pin them down to the floor and make them do something useful with their time. We have this connotation in our heads that teenagers are up to no good. That's the age where they go wild and get together to 'live it up' before real responsibilities kick in, and even though we parents try to restrain them, somehow deep inside we think that it's okay to cut them some slack. I mean, they're teenagers, their hormones are literally holding their brains hostages!

The sleepers of the cave were also youngsters, and Allah specified that explicitly in the Holy Qur'an. They lived in a city with no rules and there's no mention of any strict parents with unwavering curfews, is there? Imagine what boys their age would get together to do? They didn't live in a fairytale; they lived in a real corrupt

environment abound with fitna, from inadequately dressed women to parties and alcohol. But instead they chose to get together in the remembrance of Allah Ta'ala. They used their time wisely, learning their religion and planning on how to spread the true word of Allah Ta'ala. Now that's a bunch of truly productive youngsters!

LESSON TWO: HAVE A SOLID OBJECTIVE

The boys were an integral part of the community up until their lives were in danger. They never fled the scene just because they were different. They invested in themselves and had a clear-cut mission of reviving their immoral society. It makes me wonder about the stories we hear today: girls taking off their hijab because they couldn't 'fit in', and boys drinking alcohol and smoking because otherwise they won't be 'cool'!

The wannabes of today have no mission and no goals and that's not Islam. We are a unique ummah because we have an obligation to benefit ourselves and others, and we have an 'end' in mind, which is Jannah, Insha Allah. Yes, we want to

for a game of PlayStation?

Unless your life is on the line, it's not over! The boys tried delivering their message until they ran out of options, but did they stop there? Did they eventually conclude: "Hey, let's go to the cave and nap for 309 years!" No, they chose the discomfort of living in a scary secluded cave, and as far as they were concerned, it was a temporary pause before coming up with a new plan. When they woke up, thinking they slept for a day or so, they said:

"Indeed, if they come to know of you, they will stone you or return you to their religion. And never would you succeed, then – ever." [Qur'an: Chapter 18, Verse 20]

You bet they were still on their mission to 'succeed'! The threat of death didn't deter them. These young men were smart! They decided to proceed with caution, so as not to blow their covers. Having faith in Allah

3 or
5 or 7,
and guess
what? He never
gives an answer
because it doesn't
matter. That's not the
point of the story! You
want to be productive?

"Indeed, if they come to know of you, they will stone you or return you to their religion. And never would you succeed, then – ever." [Qur'an: Chapter 18, Verse 20]

be successful and wealthy and popular, but we don't stop there like others do.

Stand up and remember who you are! A true Muslim is a leader, someone who can make a change in this world and isn't selfish or scared or embarrassed of his or her identity. There's no time for free time, people! If these youngsters could do it, so can we! Get up, start working, learning and teaching and always keep your eyes on the ultimate goal: pleasing Allah Ta'ala.

LESSON THREE: DEAD ENDS DON'T EXIST!

We tried, it didn't work, no one is listening so that's it. Who is up

and a goal of pleasing Him are the first steps, but an essential part of being productive is to calculate the risks and never quit.

LESSON FOUR: FOCUS YOUR VISION TO HIT THE TARGET

So were the boys wearing shoes or sandals? What was their dog's name? How many were they exactly?

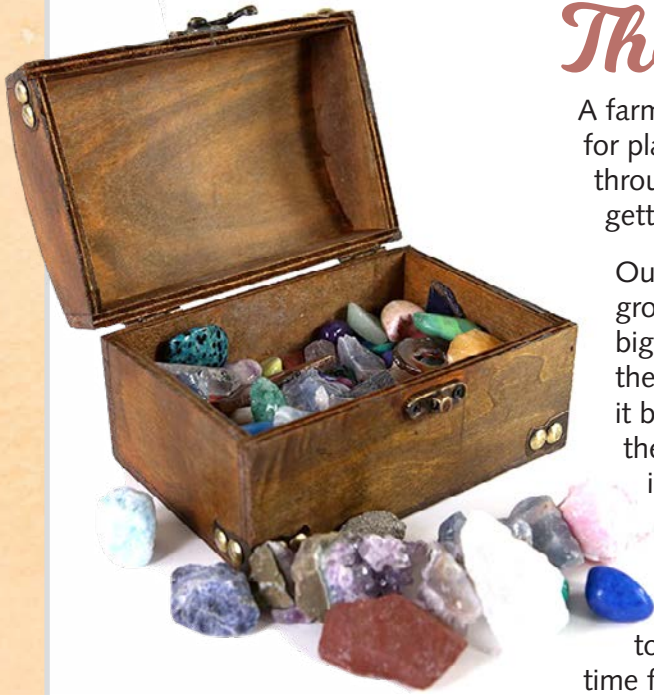
How will these questions help you reach your goal more efficiently? Focus on what's important and don't distract yourself with minute details that Allah Ta'ala did not mention! Instead, He dedicated a whole verse to people's speculations about the real number of the sleepers, whether they were

Stop 'guessing the unknown', for it will be like trying to hit a target when you can't even see it. Distractions will only blind you from hitting the real target, and in this story, that's learning how to guard your faith against all odds.

Allah Ta'ala honored the sleepers by mentioning them in the Qur'an and for us to be reminded every Friday of how they guarded their faith. Prophet Muhammad sallallahu alaihi wa sallam said this chapter protects us from the ultimate trial of the Dajjal. He will come with four challenges; one of them is testing our faith.

Source: Productive Muslim

Inspiration | Motivational stories to give us the inspiration we might need



The Farmer's Stones

A farmer was preparing his land for planting crops. As he dug through the soil his spade kept getting stuck.

Out of curiosity he dug the ground and discovered a big box. He quickly opened the box to see what was in it but to his disappointment there were only black stones inside.

He decided to throw these stones at the birds when they come to eat the crops at the time for harvesting. One day a man was walking by the field. Two stones happened to fall right in front of him when the farmer threw them at the birds.

The man brought the stones to the farmer and asked if he was willing to sell them to him for \$5,000 each. The farmer thought that the man was joking so he refused.

The man explained that they were precious jewels. The farmer started crying saying that he had only 1 or 2 stones left and the rest were thrown away.

These stones are the valuable seconds of our life. We are just throwing them away here and there, wasting them. But on the Day of Judgement, we will realize how valuable they were but it will be too late. Now is the chance to use our time properly.

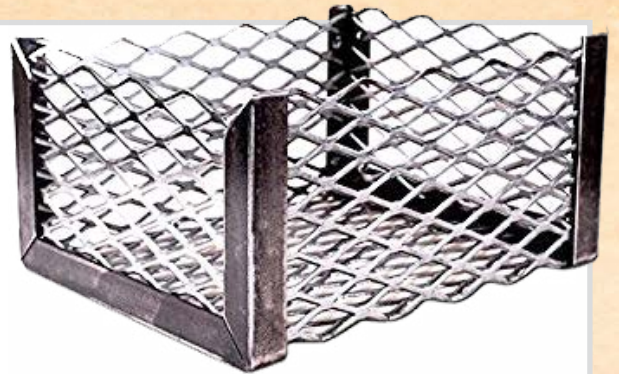
The Coal Basket

An old man lived on a farm with his young grandson. Each morning grandpa was up early sitting at the kitchen table reading his Quran. His grandson tried to imitate him. One day the grandson said: 'I try to read the Quran like you, Grandpa, but I don't understand it. And whatever I understand I forget as soon as I close the book. What good does reading the Quran do?'

Grandpa replied: 'Take this coal basket to the river and bring me back a basket of water.' The boy did as he was told, but all the water leaked out before he got back to the house. Grandpa laughed and said that he'd have

to be faster next time, and sent him back to the river with the basket to try again. This time the boy ran faster but then basket was empty by the time he got back. He told his grandfather that it was impossible to carry water in a basket and said that he'd take a bucket rather. The old man said: 'I don't want a bucket of water, I want a basket. You're not trying hard enough.'

The boy knew it was impossible but to prove it he ran again. Back he came with an empty basket. 'See Grandpa, it's impossible,' he said. 'You think it's useless?' asked Grandpa,



'Look at the basket.' The boy looked at the basket and realized it was different: It had been transformed from a dirty coal basket and was now clean inside and out.

This is what happens when we read the Noble Quran: we might not understand or remember everything, but when we read it, we will be changed and cleansed inside and out.

10 POINTS ABOUT THE DAY OF ARAFAH

The day of Arafah is the most important day for a Haji. Whilst only a select few are chosen by Allah Ta'ala to physically be on the plains of Arafah on the 9th of Zul Hijjah, there are virtues and deeds mentioned regarding the day of Arafah which apply to those who are not there as well.

1 One of the best days of the year

Sayyiduna Anas رضي الله عنه says, "The day of Arafah equals 10 000 days in virtue!" (At-Targheeb, vol. 2 pg.200)

2 Freedom from Hell

"On the day of Arafah, Allah frees even those who are not physically in Arafah. Therefore the next day is Eid for all." (Ibn Rajab رحمته الله in Lataiful Ma'arif, pg.482)

"There is no day in which Allah sets free more souls from the fire of hell than on the day of Arafah." (Muslim)

3 Forgiveness

Ibn Al-Mubarak رحمته الله said, "I went to Sufyan Al-Thawri on the night of Arafah while he was kneeling on his knees and weeping bitterly. I asked him, "Who is the worst person in this gathering?" He replied, "Whoever thinks that Allah will not forgive him."

4 Day of Eid

The Day of Arafah has also been labelled as 'Yawmul Eid' (the day of Eid) by Sayyiduna Umar رضي الله عنه as it is the day in which Allah Ta'ala announced the perfection of Islam. (Sahih Bukhari)



Above: Hujjaaj supplicating to Allah on Jabal Rahman on the day of Arafah

5 On this Day, Don't:

a. Persist on sin (i.e. repent from all sins)

b. Be arrogant

These two types of people are deprived on this blessed day. (Lataiful Ma'arif, pg.494)

6 Zikr and Dua

Nabi صلى الله عليه وسلم is reported to have said that, "The best of Duas is the Dua on the day of Arafat. And the best which I and the Prophets صلى الله عليهم وسلم before me have said is: *Lailaha illallahu wahdahu lasharika lahu lahul mulku walahul hamdu biyadihil khayru wahuwa 'ala kuli shayin qadir.* (Tirmidhi, 3585)

Rasulullah صلى الله عليه وسلم would recite this abundantly on the day of Arafah. (Musnad Ahmad; see Majma'uz Zawaid, vol.3 pg.252)

7 Sayyiduna Ali رضي الله عنه dua on the Day of Arafah

Allahumma a'tiq raqabati minanar wa awsi'li minar rizqil halal, wasrif 'anni fasaqatil jinni wal ins

Translation: O Allah! Free me from the fire, increase my lawful sustenance, and keep away the transgressive Jinn and humans

from me. (Ibn Abi Dunya, see Lataiful Ma'arif, pg.494)

8 Fasting

"Fasting on the day of Arafah will wipe out the sins of the past and future year." (Sahih Muslim)

9 Staying away from Sin

Rasulullah صلى الله عليه وسلم said, "He who protects his ears, eyes and tongue on this day (Day of Arafah) will be forgiven." (Musnad Ahmad, Majma'uz Zawaid, vol.3 pg.251)

10 The Devil's Humiliation

The day of Arafah is the day when the devil is most humiliated (due to Allah's extensive forgiveness). (Muwatta Imam Malik, Musnad Ahmad and Ibn Majah, Hadith: 3013)

"Apart from the day of the Battle of Badr there is no day on which the devil is seen to be more humiliated, more rejected, more depressed and more infuriated, than on the day of Arafah." (Mishkat)

Article adapted from www.al-miftah.com

HADITH

VERIFICATION SERIES 03

عليه السلام

KNOWLEDGE OF

Hazrat Ali رضي الله عنه

In this series we bring you a selection of topics from hadithanswers.com

Knowledge of Ali رضي الله عنه

Question: Is this Hadith authentic: Salman Al-Farisi radhiallahu anhu reported: "Ali is the most knowledgeable from my Ummah after myself." (Daylami)

Kitabul Manaqib of Khuwarazmi. The chain consists of an extremely weak narrator who has also been declared a liar by Imam Ibn Ma'in.

(Musnadul Firdaws, Hadith: 1491, Kitabul Manaqib of Khuwarazmi, pg. 82. Refer: Mizanul I'tidal, vol. 2 pg. 300, number: 3756 and vol. 4 pg. 195, number: 7449)

The narration is not suitable to quote.

The following narration should be quoted instead: Rasulullah

ﷺ said: "The most capable in judgement is Ali."

These words are found in some copies of Sunan Ibn Majah, hadith: 154, Musnad Abi Ya'la, Hadith: 5736, Al-Mu'jamus Saghir, vol.1 pg.201 and Mustadrak Hakim, vol.3 pg.535. Also see Kashful Khafa, vol.1 pg.118.

'Allamah Haythami رحمته الله has declared the Hadith of Tabarani as sound (hasan). (Majma'uz Zawaid, vol.9 pg.155)

Answer: This narration appears in Musnadul Firdaws of Imam Daylami. The chain is located in

HAJJ GUIDE

Day One | 8 Zul Hijjah:

- Ihram
- Head to Mina in the morning
- Read Zuhr, Asr, Maghrib, Esha in Mina

Day Two | 9 Zul Hijjah:

- Read Fajr in Mina
- Head to Arafat in the morning
- Read Zuhr and Asr in Arafah
- Wuqoof in Arafah
- Leave for Muzdalifa after sunset
- Read Maghrib and Esha in Muzdalifa

Day Three | 10 Zul Hijjah:

- Read Fajr in Muzdalifa
- Head to Mina in the morning
- Stone the big Jamarah
- Slaughter animal
- Shave/trim hair
- Head to Makkah Mukarramah
- Tawaaf Ziyarah/Ifadha and Sa'ee between Safa and Marwa
- Spend night in Mina

Day Four | 11 Zul Hijjah:

- Stone the three Jamarahs after Zawaal
- Spend the day and night in Mina

Day Five | 12 Zul Hijjah:

- Stone the three Jamarahs after Zawaal
- Spend the day in Mina
- Head to Makkah Mukarramah before sunset
- One can stay an additional night and day in Mina and stone the 3 Jamarahs
- Farewell Tawaaf

Eastcape®

MANUFACTURERS (SA) CC

Manufacturers & Distributors of
 Rice · Sugar · Lentils · Beans · Peas · Samp · Maize Meal · Popcorn · Fowl Food ·
 Yellow Mealies · Coconut · Cocoa · Corn Flour · Icing & Castor Sugar

Cordials · Vinegar · Spirits · Dishwasher Fabric Softener · Bleach · Lunch Wrap
 and so much more...



Quality at its best...

85 Baird Street, Melbrooks, Uitenhage, RSA
 Tel: +27(0)41 922 9830 Fax: +27(0)41 922 8220
 Email: eastcape@telkomsa.net

**— OPEN —
 24 HRS
 365 DAYS A YEAR**

Tel 041 453 3279

413 Kempston Road



ATM

24HR SHOP

ULP

TEC:IRON

LRP

TEC:IRON

Diesel 50

TEC:IRON

Havoline Delo

**FRESH PIES,
 SAMOOSAS
 SNACKS &
 COFFEE**



epiconic
 Customer Service. Our Priority



**DESAIS CAKES
 & DELHI DELIGHTS**

CUSTOM MADE CAKES TO MEET THE
 OCCASION VARIETY OF CAKES,
 BISCUITS & SAVORIES

JADEED'S

BREAD

"Taste the difference"
 Wholesalers of White & Brown Bread & Rolls



Westend Shopping Centre
 Tel 041 481 9123 Fax 041 482 2236

**QURBANI 1440
 THE MEAT
 MARKET**

**TOP QUALITY
 DORPER & MERINO
 LAMBS AVAILABLE
 LIVESTOCK FOR SALE**

*Experience the Qurban spirit in a friendly environment
 with efficient staff to see to your needs!!*

**SLAUGHTERED, SLICED TO
 YOUR PREFERENCE**

PRE-PACKED & DELIVERED TO YOUR DOOR

LAMB: 38-42KG R2350 / 43-46KG R2550
 ANGORA GOATS R1700
 BOERBOK R2800

CONTACT
 Ismail Lala on 082 873 3482



ADVERTISE WITH US
ISLAMICFOCUS



Published Quarterly
 Articles of Relevance
 Full Colour, Gloss

Read Past Issues:
islamicfocus.co.za/category/magazine

Advertise with us

Northern KZN 072 291 6626
 Durban 061 480 6388
 Mpumalanga 072 135 1241
 Eastern Cape 078 672 7797

www.facebook.com/islamicfocus/ www.twitter.com/islamicfocus/ www.islamicfocus.co.za info@islamicfocus.co.za

Allies Auto Parts
 YOUR ONE STOP AUTOPARTS SHOP



4 DREW STREET, KORSTEN, PE - TEL: 041 451 2596

*There is nothing that facilitates nearness to Allah better than
 that which has come directly from Allah. that is the Holy Quraan.
 (Mustadrak Hakim)*



Al Fidaa'

FOUNDATION

Together Enriching Communities

Serving the Eastern Cape for over a Decade!



SKILLS
DEVELOPMENT



FEEDING



EMOTIONAL
SUPPORT



HEALTH CARE



SOCIAL
DEVELOPMENT

BANKING DETAILS

Al Fidaa Foundation Standard Bank of South Africa Ltd
Account Numbers *Zakaah* 201 309 351 *Lillah* 036 893 382
Branch: Berry's Corner Branch No: 024210 Swift Address: SBZAZAJJ

CONTACT DETAILS

Head Office:
12 Market Street, North End
Port Elizabeth, South Africa
Tel: 041 484 1288
Fax: 041 484 1214
alfidaa@telkomsa.net

White Door Centre:
239 Durban Road, Korsten,
Port Elizabeth, South Africa
Tel: 041 453 1222
Fax: 041 484 1214
info@alfidaa.co.za

East London:
8 St. Pauls Road, East
London, South Africa
Tel: 041 484 1288
Fax: 041 484 1214
eastlondon@alfidaa.co.za

NPO (070-651) PBO No: 930 033 996
BBBEE: 1869 COGP EME

The Al-Fidaa Foundation also issues Section 18A
tax exemption for persons and companies



www.alfidaa.co.za